

Royal Canadian Mounted Police  
Veterans' Association  
Ottawa Division



Association des vétérans de la  
Gendarmerie royale du Canada  
Division d'Ottawa

## HAVE A MINUTE? YOU AND OTHERS WILL BENEFIT FROM THIS MESSAGE!!!

- Are you a social person? Social people not only enjoy people but they like to be helpful as well, and are also thought of as 'helpers'.
- Do you like to be involved?
- Are you motivated to help others?
- Do you enjoy helping out within a community?
- Do you have some free time in your busy schedule to help others?

If you answered yes to at least one of those questions, we would like to welcome you as a volunteer with the Ottawa Division of the RCMP Veterans' Association.

This is **not** a recruiting drive for taking up a position on the Executive. We are truly looking at creating a pool of persons from within our Association family to help out a little, when and as required. We have functions and get-togethers where some extra helping hands would be beneficial.

Therefore, we would like to create a pool of such persons for us to reach out to. The more we have in the pool the better. Call it a social committee if you like but it is really a volunteer committee. Individuals could be called upon to help decorate a room for a special event, assist at a BBQ, etc.

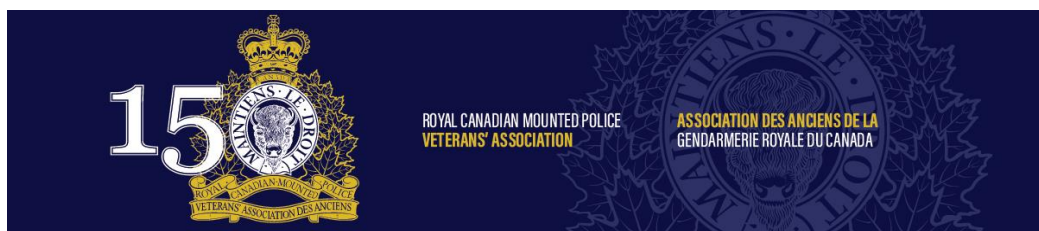
Now, if you have a gift for organizing events, big or small, no matter where you live within our area, we would love to have you onboard to help plan events in your geographic area of Ottawa Division.

September is the start of the ODVA active season and the Executive Committee is looking at organizing some upcoming events. Some assistance with those would be greatly appreciated.

How do you see yourself helping out?

It may be writing an article for *The Spirit*, outlining a special moment of your life or career. It could be a piece on your community and what it has to offer to other Association members. Nothing is too small.

Do you have special skills in social media, web design, communications. If so, we could really use your help.



Would you like to volunteer to visit those of our Association who are shut in and need assistance? Would you like to be a support person or buddy to another person?

In our Ottawa Division veterans' community, every person counts. We want to be able to offer opportunities for all Association participants to help shape the direction and activities of the Association. We encourage all members of the Association and families to participate in developing the direction of our little part of the world by getting involved at our division level.

Please send us an email to [ottawa.info@rcmpva.org](mailto:ottawa.info@rcmpva.org) with your name, phone number, email address and what activities you would be interested in.

Look forward to hearing and working with you.

### **Network, Support & Camaraderie**

W.A. (Wayne) Jacquard, President  
RCMP Veterans' Association  
Ottawa Division